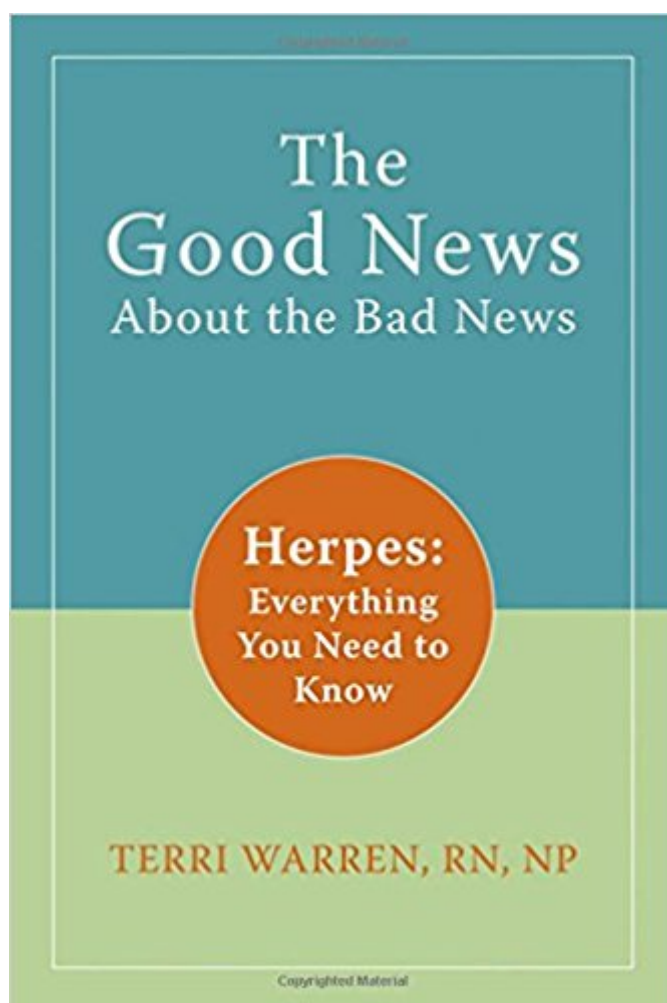


The book was found

The Good News About The Bad News: Herpes: Everything You Need To Know



Synopsis

If you have genital herpes, you're not alone. Millions of people lead healthy, sexually active lives with herpes. Although herpes symptoms can be managed with medication and treatment, the stigma associated with the infection can negatively impact self-esteem and become a problem in itself. This complete guide to living with genital herpes, written by internationally recognized herpes expert Terri Warren, addresses every practical issue people with herpes face. The author offers information on:

- Understanding herpes symptoms and triggers
- Knowing your treatment options
- Reducing the risk of transmission to future sex partners
- Breaking the news to potential partners

Included in The Good News About the Bad News: Herpes are responses to common questions and concerns based on the author's experiences counseling thousands of people with genital herpes in her sexual health clinic.

Book Information

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Customer Reviews

In *The Good News About the Bad News: Herpes*, an internationally recognized expert on genital herpes offers honest, friendly, and up-to-date advice and support to the millions of people living with one of the most common viral STDs, herpes.

Excellent information and an easy read. I recently started dating someone with herpes and do not have it myself and this has helped me thoroughly understand the risks, ways I can protect myself, how to have conversations about it, psychological aspects of acquiring herpes, and more. This is what I wish sex ed was like in school! Real information about risks with no exaggeration, shame, or

fear mongering.

This book was very informative and well written. She takes the scare away and really educates you on what to expect. No one wants to learn that they have herpes, but you do need to educate yourself properly. This book will help you. I would recommend this to anyone who wants to know. Also, this book is good for not just those that have herpes, but also for those whose partner, friend, or family member has herpes.

Very informative book, helpful if you have herpes and want to understand it.

As much as I cried reading this... I learned so much about ways to deal with both the physical and emotional turmoil this infection brings. Here's hoping she's correct and there will be brighter days!

This is an excellent book to inform someone with herpes or someone who cares about someone suffering from herpes. It offers facts while addressing the multitude of emotions by those infected and the public at large. It is very good at helping you cope with the illness because your decisions and self concept will be based upon fact rather than the public stigma and ignorance. It includes information about contracting the disease, medications, how to inform your partner, and many myths. I highly recommend this book to anyone who wants to learn more about dealing with herpes.

This book has lots of great information! I strongly recommend it!

Loads of info about this dreaded disease

Actually learned a lot from this book.

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(Herpes Treatment, Genital Herpes, Herpes Zoster, ... Cold Sore, Health, Herpes Protocol Book 1)
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